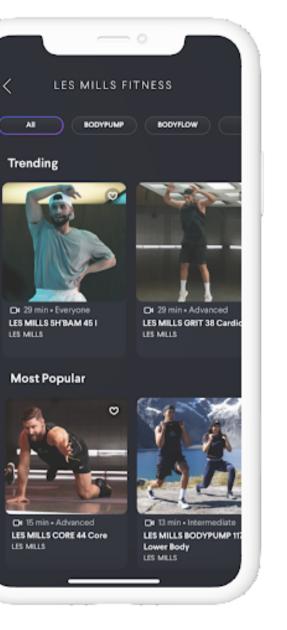


YOUR 30-DAY WELLNESS COACH TRIAL GUIDE FOR USERS

Your company has signed up for <u>Wellness Coach</u>! Let's get started.



01 Introduction Video

Learn all about what Wellness Coach has to offer with this quick <u>introduction video</u>

02 Create Your Account

Use one of our integrations: <u>Zoom</u>, <u>Slack</u>, <u>Microsoft Teams</u> or open the <u>app</u> and log-in with your work email

03 Enjoy & Explore

Explore our vast database of on-demand content, coaching resources, and team challenges

Launch your trial with any of the following integrations:





Microsoft Teams



Questions? Email us at sales@wellnesscoach.live