



wellnesscoach
LIVE HEALTHIER, HAPPIER, LONGER.

Hurricane Helene & Hurricane Milton Disaster Resources

HURRICANE



Below are resources that can assist you regarding **Hurricane Helene**.

To access the websites, please click on the links. You can contact these providers for additional information.

Red Cross Shelter Locator

There are shelters that are currently available in the following counties: Alachua, Calhoun, Charlotte, Columbia, Dixie, Duval, Gilchrist, Hamilton, Hillsborough, Jackson, Jefferson, Lake, Liberty, Leon, Madison, Orange, Pasco, Pinellas, Putnam, St. Johns, Sarasota, Sumter, Suwannee, Union, and Walton. Please visit the website to locate a shelter near you.

<https://www.redcross.org/get-help/disaster-relief-and-recovery-services/find-an-open-shelter.html>

VRBO may offer reduced rates for housing in times of disaster.

<https://www.vrbo.com>

National Hurricane Center and Central Pacific Hurricane Center

https://www.nhc.noaa.gov/graphics_at4.shtml?start#contents

Florida Power Outages Map

<https://poweroutage.us/area/state/florida>

Road Closures

For information about road closures, you may dial 511 or obtain information online at <https://fl511.com>

Calhoun County Sheriff's Office

<https://www.calhounsheriff.com>

<https://www.facebook.com/CalhounCountySO>

Columbia County Sheriff's Office

<https://columbiasheriff.org>

<https://www.facebook.com/ColumbiaCountySheriffsOffice>

<https://x.com/ColumbiaSheriff>

Hillsborough County Sheriff's Office

<https://www.teamhcsso.com>

<https://www.facebook.com/HCSOSheriff>

<https://x.com/hcsosheriff>

Jefferson County Sheriff's Office

<https://www.jcso-fl.org>

<https://www.facebook.com/JeffersonSheriffFlorida>

Leon County Sheriff's Office

<https://www.leoncountysso.com/>

<https://www.facebook.com/leonflso>

<https://x.com/LeonSheriff>

Liberty County Sheriff's Office

<https://libertycountysheriff.org>

<https://www.facebook.com/LibertyCountySheriffsOffice>

Manatee County Sheriff's Office

<https://www.manateesherriff.com>

<https://www.facebook.com/ManateeSheriff>

<https://x.com/ManateeSheriff>

Pinellas County Sheriff's Office

<https://www.pcsoweb.com>

<https://www.facebook.com/pinellassheriff>

<https://x.com/SheriffPinellas>

Suwannee County Sheriff's Office

<https://suwanneesheriff.com>

<https://www.facebook.com/SuwanneeSheriff>

Union County Sheriff's Office

<http://www.unionsheriff.us>

<https://www.facebook.com/unionsheriff>

Walton County Sheriff's Office

<https://waltonso.org>

<https://x.com/WCSOFL>

Florida Division of Emergency Management

<https://www.floridadisaster.org>

<https://www.facebook.com/FDEM>

<https://x.com/flsert>

Florida Department of Children and Families Temporary Cash Assistance (TCA)

<https://www.myflfamilies.com/services/public-assistance/temporary-cash-Assistance>

2-1-1 is an easy-to-remember phone number that connects callers to information and services in times of need. It is available 24 hours a day, seven days a week, even during disasters. Please call if you are seeking resources such as clothing, food, or programs for your family.

2-1-1 Big Bend (Leon County)

<https://211bigbend.org>

2-1-1 Crisis Center of Tampa Bay (Hillsborough County)

<https://www.crisiscenter.com>

2-1-1 Tampa Bay Cares (Pinellas County)

<https://211tampabay.org>

Heart of Florida United Way 2-1-1 (Sarasota, Manatee, and DeSoto Counties)

<https://211suncoastcares.org>

Local Salvation Army Locator

<https://www.salvationarmyusa.org>

Local Red Cross Locator

<https://www.redcross.org/find-your-local-chapter.html>

Red Cross Smartphone Apps

These apps offer updates on current emergencies and provide information on safety during a disaster.

<https://www.redcross.org/get-help/how-to-prepare-for-emergencies/mobile-Apps.html>

Federal Emergency Management Agency (FEMA)

500 C Street Southwest

Washington, DC 20472

800-621-FEMA

<https://www.fema.gov>

If a disaster is declared in your area, please call to apply for assistance or visit

<https://www.disasterassistance.gov>

FEMA Text Message Program

(Please note that standard message and data rates apply.)

- To locate an open emergency shelter, text SHELTER and a zip code to 43362 (4FEMA).
- To locate an open Disaster Recovery Center, text DRC and a zip code to 43362 (4FEMA).

Hurricane Preparedness and Recovery

<https://www.ready.gov/hurricanes>

<https://www.nationwide.com/lc/resources/emergency-preparedness/articles/hurricanes>

<https://www.weather.gov/safety/hurricane>

<https://edition.cnn.com/2018/09/12/us/hurricane-checklist-wxc-trnd/index.html>

<https://www.cdc.gov/disasters/hurricanes/index.html>

<https://hurricanesafety.org/prepare/hurricane-safety-checklists>

<https://www.alz.org/help-support/caregiving/safety/in-a-disaster>

Below are resources that can assist you regarding **Hurricane Milton**.

To access the websites, please click on the links. You may wish to contact these providers for additional information.

Red Cross Shelter Locator

There are shelters currently available in the following counties: Charlotte, Citrus, Hernando, Hillsborough, Leon, Madison, Manatee, Pasco, Pinellas, Suwannee, Taylor. Please visit the website to locate a shelter near you:

<https://www.redcross.org/get-help/disaster-relief-and-recovery-services/find-an-Open-shelter.html>

VRBO

VRBO may offer reduced rates for housing in times of disaster.

<https://www.vrbo.com>

Hurricane Preparedness and Recovery

<https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/hurricane.html>

<https://www.ready.gov/hurricanes>

<https://www.nationwide.com/lc/resources/emergency-preparedness/articles/hurricanes>

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<https://hurricanesafety.org/prepare/hurricane-safety-checklists>

<https://www.alz.org/help-support/caregiving/safety/in-a-disaster>

<https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/hurricane-Resources>

<https://www.usa.gov/disasters-and-emergencies>

National Hurricane Center and Central Pacific Hurricane Center

https://www.nhc.noaa.gov/graphics_at4.shtml?start#contents

Florida Power Outages Map

<https://poweroutage.us/area/state/florida>

Road Closures

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Alachua County Sheriff's Office

<https://acso.us>

<https://www.facebook.com/AlachuaCountySheriff>

<https://x.com/AlachuaSheriff>

Hillsborough County Sheriff's Office

<https://www.teamhcsos.com>

<https://www.facebook.com/HCSOSheriff>

<https://x.com/hcsosheriff>

Jacksonville Sheriff's Office

<https://www.jaxsheriff.org>

<https://www.facebook.com/JacksonvilleSheriffsOffice>

<https://x.com/JSOPIO>

Lee County Sheriff's Office

<https://www.sheriffleefl.org>

<https://www.facebook.com/sheriffleefl>

<https://x.com/SheriffLeeFL>

Orange County Sheriff's Office

<https://www.ocso.com/en-us>

<https://www.facebook.com/OrangeCoSheriff>

<https://x.com/orangecosheriff?lang=en>

Polk County Sheriff's Office

<https://www.polksheriff.org>

<https://www.facebook.com/polkcountysheriff>

<https://x.com/PolkCoSheriff>

Florida Division of Emergency Management

<https://www.floridadisaster.org>

<https://www.facebook.com/FDEM>

<https://x.com/flsert>

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2-1-1 Crisis Center of Tampa Bay (Hillsborough County)

<https://www.crisiscenter.com>

United Way of Central Florida (Alachua, Orange, and Polk Counties)

<https://www.unitedwayncfl.org/211-your-first-call-help>

United Way of Northeast Florida (Jacksonville)

<https://unitedwaynefl.org/get-help>

United Way of Lee, Hendry, and Glades (Lee County)

<https://unitedwaylee.org/united-way-211>

For all other areas, please visit <https://www.211.org/about-us/your-local-211>, or dial '2-1-1' to find your local 211.

Local Salvation Army Locator

<https://www.salvationarmyusa.org>

Local Red Cross Locator

<https://www.redcross.org/find-your-local-chapter.html>

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