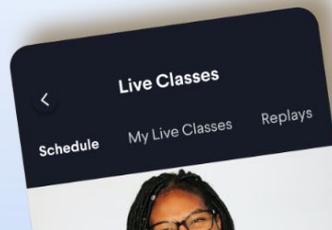
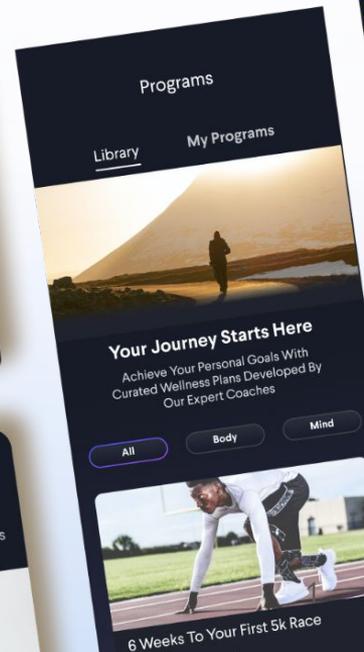
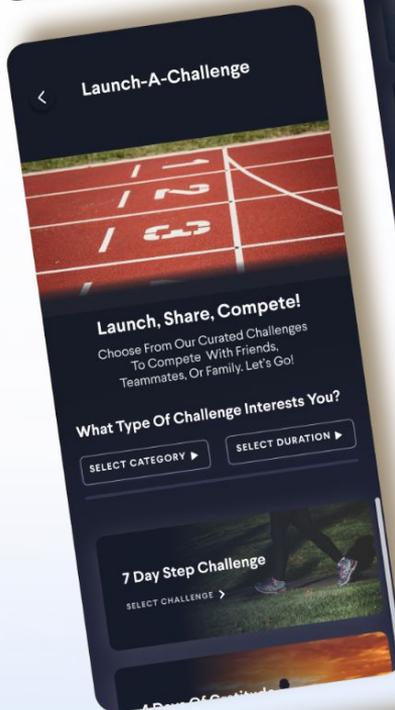




Setting Up

OKTA SSO

wellnesscoach



Wellness Coach supports Single Sign On (SSO) (Okta) to access the app with one set of login credentials

- **Single Sign On**

Okta Single Sign On (SSO) Solution provides easy and seamless access to Wellness Coach with one set of credentials, from any type of device or application whether they are in the cloud or on premise

- **Fraud Prevention**

Okta helps to prevent fraud with its dynamic risk engine in conjunction with enterprise specific security policy. It supports a combination of the Device ID, Location, and Time of access as multi-factor authentication that can help to detect and block fraud in real-time, without any interaction with the employee

- **Employee Access Management**

With SSO through Okta, employee access to Wellness Coach will be managed automatically. Any new hires will automatically get access to Wellness Coach on their date of hire and any terminated employees access will be revoked on their termination date



Wellness Coach supports both IdP (Identity Provider) and SP (Service Provider) initiated Single Sign On (SSO)

- **In IdP Initiated login, SAML request is initiated from Okta IdP**
 - Employee first authenticates through Okta Idp by logging into Okta dashboard
 - Employee will be redirected to Wellness Coach app by clicking the Wellness Coach icon on the Dashboard - there is no need to login again

- **In SP Initiated Login, SAML request is initiated from Wellness Coach**
 - Employee logs into Wellness Coach directly from Wellness Coach (web or mobile apps)
 - Employee is then redirected to Okta login page
 - From here, the employee uses their existing Okta login credentials and then can access Wellness Coach



Wellness Coach supports Active Directory sync through SCIM

- **SCIM: System for Cross-domain Identity Management**
- **Benefits of SCIM**
 - **Employee Access Management** - the automation of enabling and disabling employees' access to Wellness Coach
 - Once an employee is added to Okta, their access to Wellness Coach is established, no additional steps are required by IT or the HR department



Technical Steps Needed to Launch SSO for with Wellness Coach



1. Go to Okta Admin Console
2. Click on "Applications" on left hand side menu

The screenshot displays the Okta Admin Console interface. On the left, a navigation menu lists various sections: Dashboard, Directory, Customizations, Applications, Self Service, Security, Workflow, Reports, and Settings. The 'Applications' section is highlighted in blue, and a red arrow points to it from the instruction text on the left. The main content area features several widgets: 'Overview' and 'Status' at the top; 'Tasks' with a table header (Type, Items, Description) below; 'Org changes' with a 'View all' link; 'Rate Limit Monitoring' with 'Last Hour' and 'View' links; and 'Security Monitoring' at the bottom right. The top of the page includes the Okta logo, a search bar, and user information for 'burak@wellnessco... Wellness Coach'.



Select "Create App Integration"

The screenshot displays the Okta Admin console interface. On the left is a navigation sidebar with the following menu items: Dashboard, Directory, Customizations, Applications, Self Service, Security, Workflow, Reports, and Settings. The 'Applications' menu item is expanded, and the 'Applications' sub-item is selected. The main content area is titled 'Applications' and includes a search bar, a 'Help' link, and four action buttons: 'Create App Integration' (highlighted with a red box and an arrow), 'Browse App Catalog', 'Assign Users to App', and 'More'. Below the buttons is a table with a search bar and a 'STATUS' header. The table contains two rows: 'ACTIVE' with a count of 7, and 'INACTIVE' with a count of 0. A large greyed-out area is visible on the right side of the table.

STATUS	
ACTIVE	7
INACTIVE	0



Select "SAML 2.0"
Click Next

The screenshot shows the Okta Admin console interface. At the top, there is a navigation bar with the Okta logo, a search bar, and user information for 'burak@wellnessco... Wellnesscoachlive'. A sidebar on the left contains navigation items: Dashboard, Directory, Customizations, Applications, Self Service, Security, Workflow, Reports, and Settings. The main content area displays the 'Create a new app integration' dialog box. The dialog has a title bar with a close button (X) and a 'Sign-in method' section with a 'Learn More' link. Three radio button options are listed: 'OIDC - OpenID Connect', 'SAML 2.0', and 'API Services'. The 'SAML 2.0' option is selected, and a grey arrow points to it. Below the options are 'Cancel' and 'Next' buttons. The 'Next' button is highlighted in blue. In the background, a table of applications is partially visible, showing columns for 'TEST-WC' and 'Zoom'.



1. Enter App name "Wellness Coach"
2. App logo upload Wellness Coach logo supplies
3. Click "Next"

For Okta tenants with the Active Directory Agent Auto-Update feature enabled, we are currently investigating an issue with the scheduler for Active Directory Agent Auto-Update feature. Okta Admins can still leverage on-demand auto updates and [Update the Active Directory Agent article](#) for the interim.

okta Search...

burak@wellnessco... Wellnesscoachlive

Create SAML Integration

1 General Settings 2 Configure SAML 3 Feedback

1 General Settings

App name Wellness Coach

App logo (optional)

2

App visibility Do not display application icon to users

Cancel Next

3

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1. Type "Single sign on URL" -> "<https://api.meditation.live/auth/sso/callback>"
2. Select "Use this for Recipient URL and Destination URL"
3. Type Audience URI (SP Entity ID) -> "WellnessCoach"
4. Select "Name ID Format" -> "EmailAddress"
5. Select "Application username" -> "okta username"

okta

Search...

burak@wellnessco... Wellnesscoachlive

Create SAML Integration

1 General Settings 2 **Configure SAML** 3 Feedback

A SAML Settings

General

Single sign on URL
 Use this for Recipient URL and Destination URL
 Allow this app to request other SSO URLs

Audience URI (SP Entity ID)

Default RelayState
If no value is set, a blank RelayState is sent

Name ID format

Application username

Update application username on

What does this form do?
 This form generates the XML needed for the app's SAML request.

Where do I find the info this form needs?
 The app you're trying to integrate with should have its own documentation on using SAML. You'll need to find that doc, and it should outline what information you need to specify in this form.



Type the Default Relay State shared with you on “Default Relay State” box

The screenshot displays the Okta Admin Console interface. On the left is a navigation sidebar with categories like Dashboard, Directory, Customizations, Applications, Security, Workflow, Reports, and Settings. At the top, there is a search bar and a user profile for 'burak@wellnessco... Wellnesscoachive'. A progress bar at the top indicates three steps: 1. General Settings, 2. Configure SAML (current step), and 3. Feedback.

The main content area is titled 'SAML Settings' and includes a 'General' section with the following fields:

- Single sign on URL:** `http://localhost:1985/auth/sso/callback`. A checkbox 'Use this for Recipient URL and Destination URL' is checked.
- Allow this app to request other SSO URLs:** This checkbox is unchecked.
- Audience URI (SP Entity ID):** `WellnessCoach`
- Default RelayState:** `62a172cebd7cba3212d6a3e6`. A blue box highlights this field, and an arrow points to it from the left. Below the field, it says 'If no value is set, a blank RelayState is sent'.
- Name ID format:** `EmailAddress`
- Application username:** `Okta username`
- Update application username on:** `Create and update`

At the bottom right of the settings form, there is a link for 'Show Advanced Settings'.

On the right side of the page, there is a section titled 'What does this form do?' which explains that the form generates XML for SAML requests. Below this, a section titled 'Where do I find the info this form needs?' provides instructions on where to find documentation for the application being integrated.



1. Scroll page to “Attribute Statements (optional)” section
2. Enter Name “firstName” and select Value “user.firstName”
3. Click on “Add Another”
4. Enter Name “lastName” and select Value “user.lastName”
5. Click on “Add Another”
6. Enter Name “email” and select Value “user.email”

okta

Search...

burak@wellnessco...
Wellnesscoachlive

Dashboard

Directory

Customizations

Applications

Security

Workflow

Reports

Settings

Attribute Statements (optional) [LEARN MORE](#)

Name	Name format (optional)	Value
firstName	Unspecified	user.firstName
lastName	Unspecified	user.lastName
email	Unspecified	user.email

Add Another

Group Attribute Statements (optional)

Name	Name format (optional)	Filter
	Unspecified	Starts with

Add Another



Click "Next"

The screenshot shows the Okta admin console interface. On the left is a navigation menu with items: Dashboard, Directory, Customizations, Applications, Security, Workflow, Reports, and Settings. The main content area is titled 'Group Attribute Statements (optional)'. It contains a table with columns for Name, Name format (optional), and Filter. Below the table is an 'Add Another' button. A second section titled 'Preview the SAML Assertion' contains a 'Preview the SAML Assertion' button, a note about XML verification, and 'Previous', 'Cancel', and 'Next' buttons. A large blue arrow points to the 'Next' button. The footer contains copyright information and links for Privacy, Version 2022.05.3 E, OK14 US Cell, Status site, Download Okta Plugin, and Feedback.



1. Scroll page down to “SAML Signing Certificates” section
2. Click “View SAML setup instructions” on right hand side

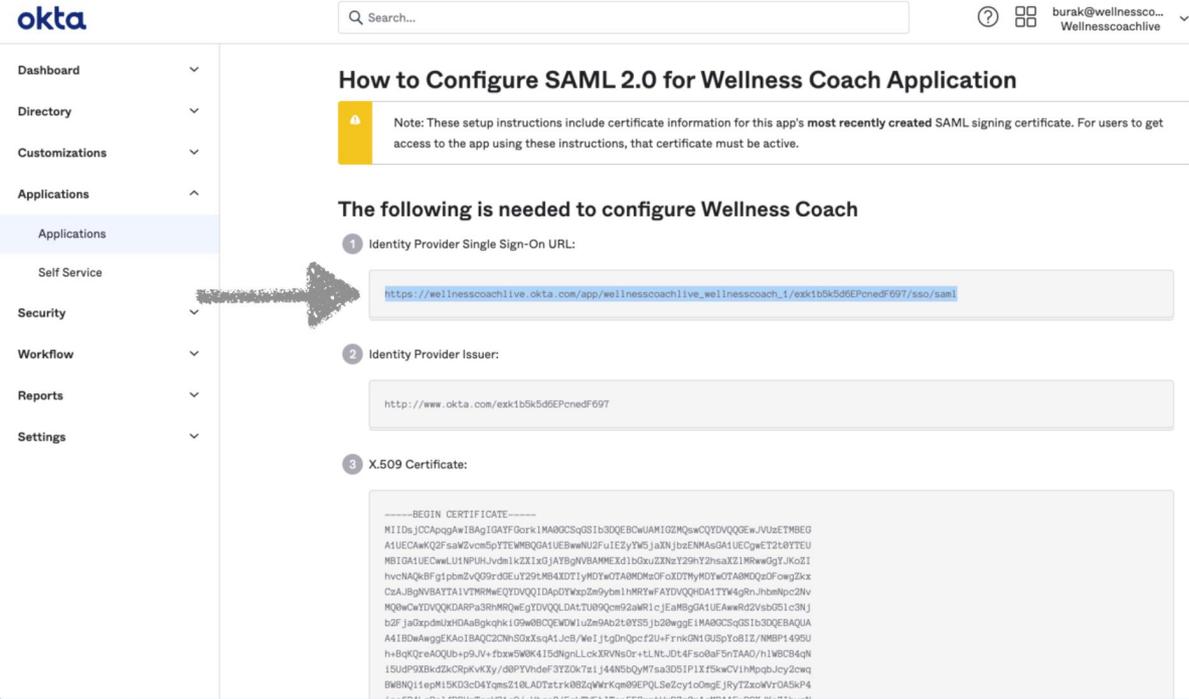
The screenshot shows the Okta Admin Console interface. On the left is a navigation sidebar with the following items: Dashboard, Directory, Customizations, Applications (expanded), Applications (selected), Self Service, Security, Workflow, Reports, and Settings. The main content area is titled 'SAML Signing Certificates' and features a 'Generate new certificate' button at the top. Below this is a table with the following data:

Type	Created	Expires	Status	Actions
SHA-1	Today	May 2032	Inactive ⚠️	Actions ▾
SHA-2	Today	Jun 2032	Active	Actions ▾

Below the table is a 'User authentication' section with an 'Edit' link. On the right side of the page, there is a 'SAML Setup' section with a note: 'Single Sign On using SAML will not work until you configure the app to trust Okta as an IdP.' Below this note is a button labeled 'View SAML setup instructions' which is highlighted by a red arrow.

At the bottom of the page, the footer contains: © 2022 Okta, Inc. Privacy Version 2022.05.3 E OK14 US Cell Status site Download Okta Plugin Feedback





okta Search... burak@wellnessco... Wellnesscoachlive

How to Configure SAML 2.0 for Wellness Coach Application

Note: These setup instructions include certificate information for this app's most recently created SAML signing certificate. For users to get access to the app using these instructions, that certificate must be active.

The following is needed to configure Wellness Coach

- 1 Identity Provider Single Sign-On URL:
`https://wellnesscoachlive.okta.com/app/wellnesscoachlive_wellnesscoach_1/exk1b5k5d6EPCnedF697/sso/saml`
- 2 Identity Provider Issuer:
`http://www.okta.com/exk1b5k5d6EPCnedF697`
- 3 X.509 Certificate:
-----BEGIN CERTIFICATE-----
MIIIDjCCApqAwIBAgI GAYF GorkI MA80CSqGSI b3QCEBwUAMI GZMqewCQYDVQQGEwJVUzETMBEG A1UECAwKQ2FsaWZvcms5PTTEMBQGA1UEBwwNU2F uE Z y T W 5 j a X N j b z E N M A s G A 1 U E D G e T 2 t 4 Y T E U M B I G A 1 U E C w w L U 1 N P U H J v d m l k X Z I x o j A T B g N V B A M M E X d 1 b g x u z Z N z Y 2 9 n Y 2 h s a X Z I M R w w G g Y J k o Z I h v c N A K 8 F g 1 p m z v Q 0 9 r d e u Y 2 9 n M B 4 X D T 1 y H D T w O T A B M D M z C F o X D T h y H D T w O T A B M D Q z O F o w g 2 k x C z A . I B g N V B A Y T A 1 V T M R M e Q Y D V Q Q I D A p O T X e p Z m 9 y b m I H M R Y e F A Y D V Q Q H D A 1 T T W 4 g 6 n J h b e n p c 2 N v M Q e w C w O T V Q Q K D A R P a 3 R n M R Q e g T O V Q Q L D A T U 8 9 Q c m 9 2 a w R 1 c j E a M 8 g G A 1 U E A w R 2 2 v s b 0 5 1 c 3 N j b 2 F j a o x p d m l x h D a a B g k p h k 1 9 w 8 B C Q e W D W l u z n 6 A b 2 t 8 Y S S j b 2 d w g g e I M A 8 0 C S q G S I b 3 0 Q E B A Q U A A 1 B D w e g g E K a O I B A Q C 2 C N h S 0 x S a G 1 . c 8 / W e 1 J t g 0 n 0 p c F 2 0 + F r m k D M 1 G U S p T o S I z / N M P 1 4 9 5 U H + B g Q z e A Q U b + p 9 J v + F b w x 9 W 8 4 1 5 d n g n L L c k J R V N e O r + L I N e J D 4 F s o 8 F 5 n T A O J 7 h I W B C 5 4 q N j 1 5 U 8 P 9 B 8 z J z C R k v K x y / 6 8 P T y n d a F 3 E Z K Z 7 e 1 1 4 4 N 0 y W F a s 3 D 5 I P 1 I E F 5 w C V 1 H 8 o p J o y 2 c w q B W B N Q 1 e p N I S K 0 3 - d A T q s a Z 1 B L A D T z t r k 0 8 2 q W e r K q p 8 9 E P Q L S e Z y i o 0 m j E J r y T Z c o h v O A 5 k P 4 -----

Copy "Identity Provider Single Sign-On URL" to share with Wellness Coach



Copy "Identity Provider Issuer"
to share with Wellness Coach

The screenshot shows the Okta Admin console interface. On the left is a navigation sidebar with the 'Applications' menu expanded. The main content area is titled 'How to Configure SAML 2.0 for Wellness Coach Application'. Below the title is a note: 'Note: These setup instructions include certificate information for this app's most recently created SAML signing certificate. For users to get access to the app using these instructions, that certificate must be active.' The main heading is 'The following is needed to configure Wellness Coach', followed by three numbered steps: 1. Identity Provider Single Sign-On URL: `https://wellnesscoachlive.okta.com/app/wellnesscoachlive_wellnesscoach_1/exk1b5k5d6PonedF697/sso/saml`; 2. Identity Provider Issuer: `http://www.okta.com/exk1b5k5d6PonedF697` (highlighted with a grey arrow); 3. X.509 Certificate: A large block of base64-encoded text starting with '-----BEGIN CERTIFICATE-----'.



okta Search... burak@wellnessco... Wellnesscoachlive

Dashboard
Directory
Customizations
Applications
Applications
Self Service
Security
Workflow
Reports
Settings

3 X.509 Certificate:

```

-----BEGIN CERTIFICATE-----
MIIDbGJCQApqpwIBAgJ1GAYfDorK1MANGCSyOS1b3DQEBCWUAM1OZHQwCQIDVQQQeWJvUsETMR6D
A1UECiwKQ2FsaWZvcwSpTTEwMBQGA1UEEwMjZuZjEzZyY2YwJ3J1bnJ1bnENNAAsDA1UECgE22t0Y2TEU
MBIDDA1UECiwL1HNFUHLyden1kZiI0JATB9WBAWME3d1b0xuZ3NoY29hY2hsaXZ1M9wGqYJkoZi
hvcNAq6Fg1pbe2vQ9sr0EUY29HMB4DTIYMDYwOTAMOMzOfcIDTYMDYwOTAMQKQeDFcwjZkx
CzA_BjNvBATTA1VTRMwEQYDQQIDApDYwz0dyb1hM9YwFAYDQQHdA1Tn44gnUjbeNpoc2Nv
RQ0wCwYDQQKARPa3RMRQeQYDQQDAL1L090qc92awR1cJEAH8GDA1UEAwRd2VsbOS1c3Nj
b2Fj30pdxdlxhDAaBqkqk109w80CENWd1u2e9Ab2t8Y3Sj520wggE1MA90CSyOS1b3DQEBAQUA
AAIBDwAeggEKAg1BAQC2NhhS0XsqA1Jc8/Wa1J1gDnQpcf2U+FrnkQW1GUSy081Z/NMBP1495U
h5BqQreAQUb+P9Jv+fbxw5W0K415DngLLck3XRVNsDr+tl.Nt..J1:4Fso8F5vTAAD/h1WBCB4qN
15UDpQXbkzKzRpKvK3y/d8PYVhdeF3YZ0k7z1J44NsbQY7sa3051P1Xf5kwCV1hMpbqJcy2cwq
BNBQ11epM15KD3cD4YqmsZ10LADTztrk8BzQWrrKq9E9PQLSeZcyl00egEjRyTZzoVr0A9kP4
1ao6P4LgPslfDBH2Toaw21q9J+Vtgo8JEqkTWEtITenE5Srmrwx0Z2drAgMBAEAeDQYJKoZIhvcN
AQELBQADggEBAQo6sbeJQzYQFyy9sv30LdMv1Rjx76fvK987+10UgELPL1g0XcolI18/n0/nkux
t+BHo+h+u5WwojxbGd4z11nc4BBWNS1vmlUIyJTDN97GfGMco/5x1v14u4JDAwbGTLk2Pa8k9v9
B/J1R1/ON3luINSey/DaADVh+xZS1UBMRD+6bUaTcxgeUCDZXC035TEJ548n/bazdtwZ+GCDo5
Dcg/ZeQHTAMKpChc+Zk68sOCestdL0C1TocMS3TDXoeQvQzkrLRwJ19+11zAPo1pFHXL118kjm
mXx9hdV11qzPm6LR1Y9R1wdngVq3v1Q0bvE7+zS1/sghPxE
-----END CERTIFICATE-----

```

Download certificate

Optional

1 Provide the following IDP metadata to your SP provider.

```
<?xml version="1.0" encoding="UTF-8"?><md:EntityDescriptor entityID="http://www.okta.com/exk1b5k5d6EPcndF697"
```

Copy "X.509 Certificate" to share with Wellness Coach



1. Select "I'm an Okta customer adding an internal app"
2. Select "This is an internal app"
3. Click "Finish"

The screenshot shows the Okta admin console interface. On the left is a navigation menu with items: Dashboard, Directory, Customizations, Applications, Security, Workflow, Reports, and Settings. The main content area is titled "Create SAML Integration" and has three steps: 1. General Settings, 2. Configure SAML, and 3. Feedback. Step 3 is active. The step title is "Help Okta Support understand how you configured this application". Below the title is a question: "Are you a customer or partner?". There are two radio button options: "I'm an Okta customer adding an internal app" (which is selected) and "I'm a software vendor. I'd like to integrate my app with Okta". Below this is a blue information box with a question mark icon and the text: "The optional questions below assist Okta Support in understanding your app integration." Underneath is another question: "App type". There are two radio button options: "This is an internal app that we have created" (which is selected) and "This is an external app that we have created". At the bottom of the form are two buttons: "Previous" and "Finish". To the right of the form is a section titled "Why are you asking me this?" with the text: "This form provides Okta Support with useful background information about your app. Thank you for your help—we appreciate it." At the bottom of the page, there is a footer with copyright information: "© 2022 Okta, Inc.", and links for "Privacy", "Version 2022.07.0 E", "OK14 US Call", "Status site", "Download Okta Plugin", and "Feedback".



Technical Steps Needed to Launch SCIM(Okta) with Wellness Coach



🔍 Search...



Wellness Coach

Active ▾



[View Logs](#)

[Monitor Imports](#)



Once you have a working SCIM integration, submit it for Okta review to use in production and to publish in the OAN.

[Submit your app](#)

General

Sign On

Mobile

Provisioning

Import

Assignments

Push Groups

Settings

Integration

Provisioning is not enabled

Enable provisioning to automate SCIM 2.0 Test App (OAuth Bearer Token) user account creation, deactivation, and updates.

[Configure API Integration](#)

1. Select "Provisioning"
2. Select "Configure API Integration"



1. Check mark "Enable API Integration "
2. Add SCIM 2.0 Base URL as <https://ed.wellnesscoach.live/scim>
3. OAuth Bearer token. Please send an email to Wellness Coach for the token

General Sign On Mobile **Provisioning** Import Assignments Push Groups

Settings
Integration Cancel

Enable API integration

Enter your SCIM 2.0 Test App (OAuth Bearer Token) credentials to enable user import and provisioning features.

SCIM 2.0 Base Url

OAuth Bearer Token



Wellness Coach

Active ▾ [Lock] [Wi-Fi] [Person] [Refresh] [Person] [Person] View Logs Monitor Imports

i Once you have a working SCIM integration, submit it for Okta review to use in production and to publish in the OAN. [Submit your app for review](#)

General Sign On Mobile **Provisioning** Import Assignments Push Groups

Settings

- To App
- To Okta
- Integration

okta → [Wellness Coach icon]

Provisioning to App

Create Users Enable **Edit**

1. Select "Provisioning"
2. Select "Edit"



1. On “Provisioning to App”
2. Enable the options – Create user, Update User Attributes, Deactivated Users
3. Press Save

Provisioning to App Cancel

Create Users Enable

Creates or links a user in SCIM 2.0 Test App (OAuth Bearer Token) when assigning the app to a user in Okta.

The [default username](#) used to create accounts is set to **Okta username**.

Update User Attributes Enable

Okta updates a user's attributes in SCIM 2.0 Test App (OAuth Bearer Token) when the app is assigned. Future attribute changes made to the Okta user profile will automatically overwrite the corresponding attribute value in SCIM 2.0 Test App (OAuth Bearer Token).

Deactivate Users Enable

Deactivates a user's SCIM 2.0 Test App (OAuth Bearer Token) account when it is unassigned in Okta or their Okta account is deactivated. Accounts can be reactivated if the app is reassigned to a user in Okta.

Sync Password Enable

Creates a SCIM 2.0 Test App (OAuth Bearer Token) password for each assigned user and pushes it to SCIM 2.0 Test App (OAuth Bearer Token).

Save

