



Ready to ignite the spark of wellness in your team?

Introducing: One-Time Challenges

Unlock the Power of Transformation

Are you ready to take your team's wellness to the next level? Wellness Coach is excited to introduce our latest flexibility: *One Time Challenges.* Designed to inspire, challenge, and transform, these challenges are your gateway to a healthier, more engaged team dynamic.



What We Offer:



- ✓ Exclusive Access: Dive into a curated collection of wellness challenges designed by experts. From mindfulness to fitness, nutrition to stress management — there's something for everyone.
- ✓ Flexible Engagement: Gain an extended 60 days of unlimited access to our challenge library, surpassing the industry standard of 45 days. Begin whenever suits you, advance at your own speed, and experience significant change within two months.
- ✓ **Affordable Pricing:** Access our services at a special rate of only \$8 to \$12 per user, a substantial savings from the industry standard of \$20. Plus, we've made it simpler to begin with a minimal initial commitment of just \$1,500.

Why Choose One-Time Challenges?



- ✔ Boost Team Morale: Dive into activities designed to foster teamwork, relieve stress, and elevate productivity. These challenges are perfect for creating a more cohesive and motivated team.
- ✓ Easy to Implement: Enjoy the simplicity of no long-term commitments. Our challenges are a straightforward way to integrate new wellness activities into your busy schedule, with the flexibility to start and pace them as you see fit.
- ✓ Proven Results: Our challenges are backed by science and crafted by top wellness experts, ensuring that your team not only participates but thrives and enjoys every step of their wellness journey.
- Self-Service Convenience:

 Empower your organization with the ability to launch personalized challenges effortlessly. Our platform allows you to tailor experiences that meet your team's specific needs, all at your own control and timing.

Get Started Today!

For just \$12 per user and 60 days of access, there's never been a better time to challenge your team and watch them thrive. Remember, transformation begins with a single step. Take yours with One Time Challenges by Wellness Coach.

BOOK A DEMO

