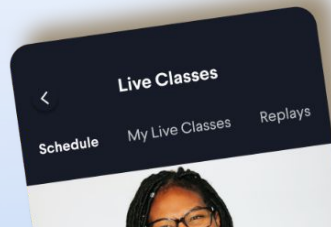
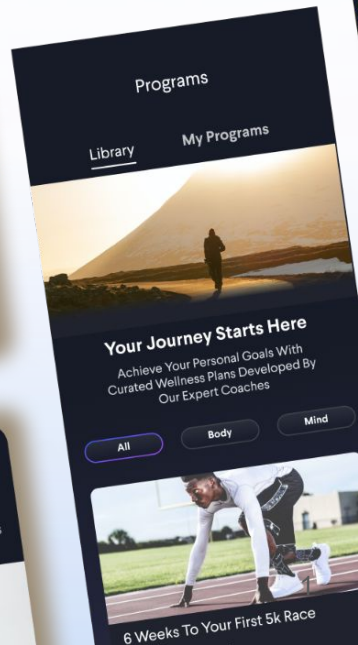
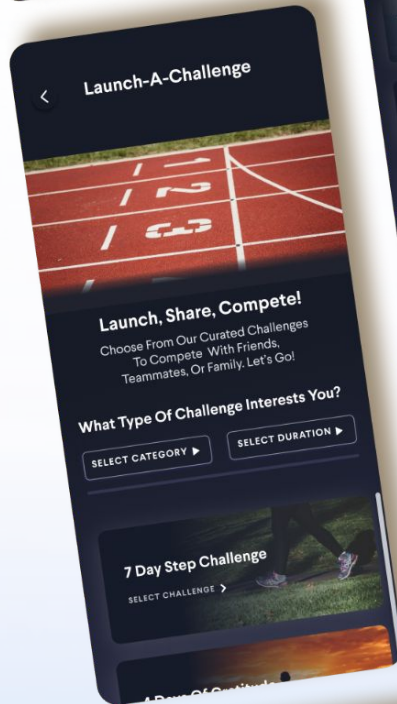
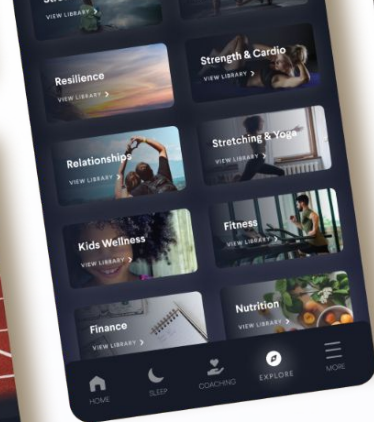
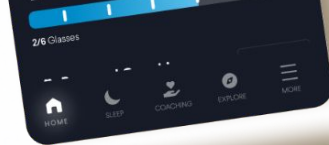




Setting Up

PingIdentity SSO

wellnesscoach



Wellness Coach supports both IdP (Identity Provider) and SP (Service Provider) initiated Single Sign On (SSO)

- **In IdP Initiated login, SAML request is initiated from PingIdentity IdP**
 - Employee first authenticates through PingIdentity IdP by logging into PingIdentity dashboard
 - Employee will be redirected Wellness Coach by clicking on the Wellness Coach icon on the Dashboard - there is no need to login again
- **In SP Initiated Login, SAML request is initiated from Wellness Coach**
 - Employee logs into Wellness Coach directly from Wellness Coach (web or mobile apps)
 - Employee is then redirected to PingIdentity login page
 - From here, the employee uses their existing PingIdentity login credentials and then can access Wellness Coach



Wellness Coach supports Active Directory sync through SCIM

- **SCIM: System for Cross-domain Identity Management**
- **Benefits of SCIM**
 - **Employee Access Management** – the automation of enabling and disabling employees' access to Wellness Coach
 - Once an employee is added to PingIdentity, their access to Wellness Coach is established, no additional steps are required by IT or the HR department



Technical Steps Needed to Launch SSO for with Wellness Coach



PingIdentity SSO with Wellness Coach

- Go to PingIdentity Admin Console
- Click on “Applications” on left hand side menu
- Click “Add New Application” (+ icon)
- Enter “Wellness Coach” as Application Name
- Upload Icon (get from below link)
<https://wellnesscoach.dash.app/portals/brand-assets>
- Choose “SAML Application”
- Click “Configure”

The screenshot displays the PingIdentity Admin Console interface. On the left is a dark blue sidebar with a menu containing: Getting Started, Overview, Monitoring, Directory, Applications (highlighted), Application Catalog, Resources, Application Portal, Authentication, Integrations, User Experience, and Settings. The main content area is titled 'Applications' and shows a list of three existing applications: 'PingOne Admin Console', 'PingOne Application Portal', and 'PingOne Self-Service - MyAccount'. An 'Add Application' modal is open on the right. The 'Application Name' field is filled with 'Wellness Coach'. The 'Description' field is empty. An icon of a Wellness Coach logo is uploaded. The 'Application Type' section shows 'SAML Application' selected. At the bottom of the modal are 'Configure' and 'Cancel' buttons.



- Choose “Manually Enter” option
- Fill “ACS URL” as <https://api.meditation.live/auth/sso/callback>
- Fill “Entity ID” as “WellnessCoach”
- Press “Save” button

The screenshot displays the PingIdentity Admin Console interface. On the left is a dark blue sidebar with navigation links: Getting Started, Overview, Monitoring, Directory, Applications, Application Catalog, Resources, Application Portal, Authentication, Integrations, User Experience, and Settings. The main content area is titled 'Applications' and shows a list of existing applications: PingOne Admin Console, PingOne Application Portal, and PingOne Self-Service - MyAccount. A modal window titled 'Add Application' is open on the right, showing the 'SAML Configuration' tab. In this tab, the 'Manually Enter' option is selected under 'Provide Application Metadata'. The 'ACS URLs' field contains the value 'https://api.meditation.live/auth/sso/callback', and the 'Entity ID' field contains 'WellnessCoach'. At the bottom of the modal are 'Save' and 'Cancel' buttons.



PingIdentity SSO with Wellness Coach

- Click “Protocol SAML”
- It will open next screen

The screenshot displays the PingIdentity SSO console interface. On the left is a dark blue sidebar with navigation links: Getting Started, Overview, Monitoring, Directory, Applications, Application Catalog, Resources, Application Portal, Authentication, Integrations, User Experience, and Settings. The main content area is titled 'Applications' and shows a list of 5 applications. A red arrow points from the 'Wellness Coach' application in the list to its detailed configuration page on the right. The configuration page has tabs for Overview, Configuration, Attribute Mappings, Policies, and Access. The 'Overview' tab is active, showing the application's name 'Wellness Coach', its ID, and various configuration details under sections like General, Environment ID, Client ID, Home Page URL, Signon URL, and Connection Details.

Applications

5 Applications by Application Name

- PingOne Admin Console**
ID: 74593809-a7aa-491e-af40-749f99b16341
- PingOne Application Portal**
ID: e0d2be05-2591-4443-ae2f-83bd12887f33
- PingOne Self-Service - MyAccount**
ID: 3e948558-959c-42ef-a448-88d68330cf6f
- Wellness Coach**
ID: 3dfb36e8-3fd8-4687-a0eb-2ce84a0312f3

Wellness Coach
ID: 3dfb36e8-3fd8-4687-a0eb-2ce84a0312f3

Overview Configuration Attribute Mappings Policies Access

Protocol SAML **Attributes 1 Mapped** **Policies None Selected** **Access All Users**

General

App Type
Advanced Configuration (SAML)

Description
Not Set

Environment ID
87e1dd6f-efc4-43f3-8cba-fa82df7863f7

Client ID
3dfb36e8-3fd8-4687-a0eb-2ce84a0312f3

Home Page URL
No Home Page Configured

Signon URL
Default Signon Page

Connection Details

Issuer ID
https://auth.pingone.com/87e1dd6f-efc4-43f3-8cba-fa82df7863f7

Initiate Single Sign-On URL



PingIdentity SSO with Wellness Coach

- **Enter “Target Application URL” provided by Wellness Coach Team**

*Please contact your CS rep or
clientsuccess@wellnesscoach.live for the
Relay State (Target Application URL)*

- **Click “Save”**

The screenshot displays the PingIdentity Admin Console interface. On the left is a dark sidebar with navigation links: Getting Started, Overview, Monitoring, Directory, Applications, Application Catalog, Resources, Application Portal, Authentication, Integrations, User Experience, and Settings. The main content area is titled 'Applications' and shows a list of applications. A red arrow points to the 'Add' (+) button in the top right of the Applications list. Below the list, the 'Wellness Coach' application is selected, showing its ID: 3dfb36e8-3fd8-4687-a0eb-2ce84a0312f3. Another red arrow points to the 'Edit Configuration' button. The configuration panel on the right is titled 'Wellness Coach > Edit Configuration'. It contains several fields: 'Entity ID' (filled with 'WellnessCoach'), 'SLO Endpoint' (empty), 'Subject NameID Format' (set to 'Select'), 'Assertion Validity Duration (in seconds)' (filled with '300'), 'AuthnStatement Session Validity Duration (in seconds)' (empty), 'Target Application URL' (filled with '[Ask for RelayState from Wellness Coach Team]'), and 'Enforce Signed Authentication Request' (unchecked). At the bottom of the configuration panel are 'Save' and 'Cancel' buttons.



PingIdentity SSO with Wellness Coach

- Go to “Attribute Mappings” tab
- Click Edit (Pencil Icon)
- It will open next screen

The screenshot displays the PingIdentity console interface. On the left is a dark blue sidebar with navigation options: Getting Started, Overview, Monitoring, Directory, Applications, Authentication, Integrations, User Experience, and Settings. The 'Applications' section is expanded, showing a list of applications including PingOne Admin Console, PingOne Application Portal, PingOne Self-Service - MyAccount, and Wellness Coach. The main panel shows the 'Applications' page with a search bar and a list of 5 applications. The 'Wellness Coach' application is selected, and the 'Attribute Mappings' tab is active. This tab shows a configuration for mapping PingOne attributes to SAML or OIDC attributes. A warning message states: 'If this Application is accessible by users from more than one External IdP, it is recommended that you map the Identity Provider ID attribute so the Application can distinguish users by their IdP.' Below this, a table shows the mapping for 'Wellness Coach' to 'PingOne', specifically mapping the 'saml_subject' attribute to the 'User ID' attribute, which is marked as 'Required'.



- Fill in the following three details
- Type **“email”** in first box and select **“Email Address”** in second box
- Type **“firstName”** in first box and select **“Given Name”** in second box
- Type **“lastName”** in first box and select **“Family Name”** in second box
- Click **“Save”**

The screenshot shows the PingIdentity console interface. On the left is a navigation sidebar with options: Getting Started, Overview, Monitoring, Directory, Applications, Application Catalog, Resources, Application Portal, Authentication, Integrations, User Experience, and Settings. The main content area displays a list of applications under the heading 'Applications'. The applications listed are: PingOne Admin Console, PingOne Application Portal, PingOne Self-Service - MyAccount, and Wellness Coach. The 'Wellness Coach' application is selected, showing its ID: 3dfb36e8-3fd8-4687-a0eb-2ce84a0312f3. To the right of the application list is a panel titled 'Wellness Coach > Edit Attribute Mappings'. This panel contains a warning message and an 'Attribute Mapping' table.

Warning: If this Application is accessible by users from more than one External IdP, it is recommended that you map the Identity Provider ID attribute so the Application can distinguish users by their IdP.

Attributes	PingOne Mappings	Required
saml_subject	User ID	<input checked="" type="checkbox"/>
email	Email Address	<input type="checkbox"/>
firstName	Given Name	<input type="checkbox"/>
lastName	Family Name	<input type="checkbox"/>

At the bottom of the panel are 'Save' and 'Cancel' buttons.



PingIdentity SSO with Wellness Coach

- Click on Access Tab
- It will open next screen

The screenshot displays the PingIdentity SSO interface. On the left is a dark blue sidebar with navigation links: Getting Started, Overview, Monitoring, Directory, Applications, Application Catalog, Resources, Application Portal, Authentication, Integrations, User Experience, and Settings. The 'Applications' section is active. The main content area shows a list of applications under the heading 'Applications'. The list includes 'PingOne Admin Console', 'PingOne Application Portal', 'PingOne Self-Service - MyAccount', and 'Wellness Coach'. The 'Wellness Coach' application is selected, and its configuration page is displayed on the right. The configuration page has tabs for Overview, Configuration, Attribute Mappings, Policies, and Access. The 'Access' tab is selected, and a red arrow points to the 'Access All Users' button. The configuration details for 'Wellness Coach' are shown below the tabs, including General information (App Type, Description, Environment ID, Client ID, Home Page URL, Signon URL) and Connection Details (Issuer ID, Initiate Single Sign-On URL).

PingIdentity

trial_wellnesscoach_1788678131 > Administrators

Applications

Search

5 Applications by Application Name

- PingOne Admin Console**
ID: 74593809-a7aa-491e-af40-749f99b16341
- PingOne Application Portal**
ID: e0d2be05-2591-4443-ae2f-83bd12887f33
- PingOne Self-Service - MyAccount**
ID: 3e948558-959c-42ef-a448-88d68330cf6f
- Wellness Coach**
ID: 3dfb36e8-3fd8-4687-a0eb-2ce84a0312f3

Wellness Coach

ID: 3dfb36e8-3fd8-4687-a0eb-2ce84a0312f3

Overview Configuration Attribute Mappings Policies Access

Protocol SAML Attributes 4 Mapped Policies None Selected Access All Users

General

App Type
Advanced Configuration (SAML)

Description
Not Set

Environment ID
87e1dd6f-efc4-43f3-8cba-fa82df7863f7

Client ID
3dfb36e8-3fd8-4687-a0eb-2ce84a0312f3

Home Page URL
No Home Page Configured

Signon URL
Default Signon Page

Connection Details

Issuer ID
https://auth.pingone.com/87e1dd6f-efc4-43f3-8cba-fa82df7863f7

Initiate Single Sign-On URL



Wellness Coach access to your team

1. Click on Edit (Pencil icon)
2. **Assign** groups if there is a need to control access by users or user groups, by default app will be accessible to all users

The screenshot displays the PingIdentity Admin Console interface. On the left is a dark blue sidebar with navigation links: Getting Started, Overview, Monitoring, Directory, Applications, Application Catalog, Resources, Application Portal, Authentication, Integrations, User Experience, and Settings. The 'Applications' section is selected.

The main content area shows a list of applications under the heading 'Applications'. The list includes:

- PingOne Admin Console (ID: 74593809-a7aa-491e-af40-749f99b16341)
- PingOne Application Portal (ID: e0d2be05-2591-4443-ae2f-83bd12887f33)
- PingOne Self-Service - MyAccount (ID: 3e948558-959c-42ef-a448-88d68330cf6f)
- Wellness Coach** (ID: 3dfb36e8-3fd8-4687-a0eb-2ce84a0312f3)

The 'Wellness Coach' application is selected, and the 'Edit Access' panel is open on the right. This panel contains the following settings:

- Application Portal Display**: A checkbox labeled 'Display this application in the Application Portal.' is checked.
- Admin Only Access**: A checkbox labeled 'Must have admin role' is unchecked.
- Group Membership Policy**: A section explaining that groups can be added to control user access, with a note that all users have access when no groups are listed.
- Groups**: A search bar and a section titled 'Applied Groups' which currently shows 'No Groups Available'.

 At the bottom of the panel are 'Save' and 'Cancel' buttons.



On Overview tab

- Enable from Switch icon (see arrow in image)
- Please go at bottom of the page
- Click "Download MetaData"
- Share the file to Wellness Coach team

The screenshot displays the PingIdentity Admin Console interface. On the left is a dark blue sidebar with navigation links: Getting Started, Overview, Monitoring, Directory, Applications, Application Catalog, Resources, Application Portal, Authentication, Integrations, User Experience, and Settings. The main content area is titled 'Applications' and shows a list of 5 applications. The 'Wellness Coach' application is selected, showing its ID: 3dfb36e8-3fd8-4687-a0eb-2ce84a0312f3. To the right of the application list, the 'Wellness Coach' configuration page is open, showing tabs for Overview, Configuration, Attribute Mappings, Policies, and Access. The 'Overview' tab is active, displaying fields for Home Page URL, Signon URL, and Connection Details. A red arrow points to a toggle switch in the top right corner of the configuration panel, which is currently turned on. Another red arrow points to the 'Download Metadata' button at the bottom of the configuration panel.

PingIdentity

trial_wellnesscoach_1788678131 > Administrators

Applications

Search

5 Applications by Application Name

- PingOne Admin Console**
ID: 74593809-a7aa-491e-a140-749f99b16341
- PingOne Application Portal**
ID: eUd2be05-2591-4443-ae2f-83bd12887f33
- PingOne Self-Service - MyAccount**
ID: 3e948558-959c-42ef-a448-88d68330cf6f
- Wellness Coach**
ID: 3dfb36e8-3fd8-4687-a0eb-2ce84a0312f3

Wellness Coach

ID: 3dfb36e8-3fd8-4687-a0eb-2ce84a0312f3

Overview Configuration Attribute Mappings Policies Access

Home Page URL
No Home Page Configured

Signon URL
Default Signon Page

Connection Details

Issuer ID
https://auth.pingone.com/87e1dd6f-efc4-43f3-8cba-fa82df7863f7

Initiate Single Sign-On URL
https://auth.pingone.com/87e1dd6f-efc4-43f3-8cba-fa82df7863f7/saml20/idp/startso?spEntityId=WellnessCoach

IDP Metadata URL
https://auth.pingone.com/87e1dd6f-efc4-43f3-8cba-fa82df7863f7/saml20/metadata/3dfb36e8-3fd8-4687-a0eb-2ce84a0312f3

Single Signon Service
https://auth.pingone.com/87e1dd6f-efc4-43f3-8cba-fa82df7863f7/saml20/idp/sso

Single Logout Service
https://auth.pingone.com/87e1dd6f-efc4-43f3-8cba-fa82df7863f7/saml20/idp/slo

Download Metadata Download Signing Certificate



Technical Steps Needed to Launch SCIM(PingIdentity) with Wellness Coach



- Click on “Integrations” on left hand side menu and then Select Provisioning
- Click + icon and “New Connection

The screenshot shows the PingIdentity SCIM Provisioning interface. On the left is a dark blue sidebar with the PingIdentity logo at the top. Below the logo are several menu items: 'Getting Started', 'Overview', 'Monitoring', 'Directory', 'Applications', 'Authentication', 'Threat Protection', 'Identity Verification', 'Integrations' (which is expanded to show 'External IdPs', 'Provisioning', 'Gateways', 'Webhooks', 'PingFederate', and 'PingIntelligence'), and 'Integrations' (which is expanded to show 'External IdPs', 'Provisioning', 'Gateways', 'Webhooks', 'PingFederate', and 'PingIntelligence'). The 'Provisioning' item is highlighted. The main content area is titled 'Provisioning' with a '+' icon. Below the title is a 'New Connection' button. To the right of the button is a text box that says 'Administrators provisioning connections. A connection contains configuration that tells PingOne how to connect to an external resource provisioning user to that resource. Learn More'. Below this is a search bar. At the bottom, there is a table with one connection listed: 'PingOne Directory'.

trial_wellnesscoach_1788678131 > Customer Solution Environment 2efe6961 **SANDBOX**

Provisioning +

Administrators provisioning connections. A connection contains configuration that tells PingOne how to connect to an external resource provisioning user to that resource. [Learn More](#)

Rules Connections

Search

1 Connections by Name

P1	PingOne Directory	
----	-------------------	--



- Click Select next to Identity Store

The screenshot displays the PingIdentity Provisioning interface. On the left is a dark sidebar with a navigation menu including: Getting Started, Overview, Monitoring, Directory, Applications, Authentication, Threat Protection, Identity Verification, Integrations, External IdPs, Provisioning (highlighted), Gateways, Webhooks, PingFederate, and PingIntelligence. The main content area is titled 'Provisioning' and shows a list of connections. One connection, 'PingOne Directory', is listed with a 'P1' icon. A modal dialog titled 'Create a New Connection' is open on the right. It prompts the user to 'Choose a connection type' and offers two options: 'Identity Store' (with an SSO icon) and 'Gateway' (with a tree icon). Each option has a 'Select' button. The 'Identity Store' description reads: 'Create a connection to an external service with PingOne's native connectors or via the SCIM protocol.' The 'Gateway' description reads: 'Create a connection to an existing PingOne Gateway that's connected to an external LDAP directory.'



- Click on:
“SCIM Outbound”
- Click Next

The screenshot displays the PingIdentity Provisioning interface. On the left is a dark sidebar with navigation links: Getting Started, Overview, Monitoring, Directory, Applications, Authentication, Threat Protection, Identity Verification, Integrations, External IdPs, Provisioning (highlighted), Gateways, Webhooks, PingFederate, and PingIntelligence. The main content area is titled 'Provisioning' and shows a list of connections under the 'Connections' tab. One connection, 'PingOne Directory', is listed. A modal window titled 'Create a New Connection' is open, showing a four-step wizard. Step 1 is 'Select a provisioning identity store'. It contains a search bar and a grid of six options: Salesforce Leads and Contacts, SCIM Outbound (highlighted with a blue border), ServiceNow, Slack, Workday, and Zoom. The 'SCIM Outbound' option includes the text: 'Integrate with a SCIM compliant directory to provision users out of the PingOne Directory.' At the bottom of the modal are 'Previous', 'Cancel', and 'Next' buttons.



- Upload Icon (get from below link)
<https://wellnesscoach.dash.cloudflare.com/portals/brand-assets>
- Fill “Wellness Coach” as Name
- Fill Description (Optional)
- Click “Next”

The screenshot displays the PingIdentity Provisioning interface. On the left is a dark sidebar with navigation options: Getting Started, Overview, Monitoring, Directory, Applications, Authentication, Threat Protection, Identity Verification, Integrations, External IdPs, Provisioning (selected), Gateways, Webhooks, PingFederate, and PingIntelligence. The main content area shows the 'Provisioning' section with a 'Connections' tab. Below this, there's a search bar and a list of connections, currently showing 'P1 PingOne Directory'. A modal window titled 'Create a New Connection' is open, showing a four-step progress bar. Step 4 is active, with a red arrow pointing to it. The modal contains fields for 'Icon' (with a placeholder image labeled 'SCIM'), 'Name' (filled with 'Wellness Coach'), and 'Description' (empty). At the bottom of the modal are 'Previous' and 'Next' buttons.



PingIdentity SCIM with Wellness Coach

- Add SCIM Base URL as <https://ed.wellnesscoach.live/scim>
- Select SCIM Version as 2.0
- Select Authorization Method as “OAuth 2 Bearer Token”
- OAuth Bearer token.
- Fill OAuth Access token
- Please send an email to Wellness Coach for the OAuth Access token
- Select auth Type Header as “Bearer”
- Click “Next”

The screenshot displays the PingIdentity Provisioning interface. On the left is a dark sidebar with navigation links: Getting Started, Overview, Monitoring, Directory, Applications, Authentication, Threat Protection, Identity Verification, Integrations, External IdPs, Provisioning (selected), Gateways, Webhooks, PingFederate, and PingIntelligence. The main content area shows the 'Provisioning' section with a search bar and a list of connections. One connection, 'PingOne Directory', is visible. A modal window titled 'Create a New Connection' is open, showing a progress bar with four steps. Step 3, 'Configure Authentication', is the current step. It contains the following fields: 'SCIM BASE URL' (https://ed.wellnesscoach.live/scim), 'SCIM Version' (2.0), 'Authentication Method' (OAuth 2 Bearer Token), 'Users Resource' (/Users), 'Groups Resource' (/Groups), 'OAuth Access Token' (masked with dots), and 'Auth Type Header' (Bearer). At the bottom of the modal are buttons for 'Previous', 'Cancel', 'Test Connection', and 'Next'.



PingIdentity SCIM with Wellness Coach

- Remove anything from User Filter Expression filed (if any)
- Select all checkboxes as shown in the screen
- Click "Previous" to back to previous screen

The screenshot displays the PingIdentity Provisioning interface. On the left is a dark sidebar with navigation links: Getting Started, Overview, Monitoring, Directory, Applications, Authentication, Threat Protection, Identity Verification, Integrations, External IdPs, Provisioning (highlighted), Gateways, Webhooks, PingFederate, PingIntelligence, User Experience, and Settings. The main content area is titled 'Provisioning' and shows a list of connections. A single connection, 'PingOne Directory', is listed. To the right, the 'Create a New Connection' wizard is open, showing step 4 of 4. The wizard includes sections for 'Configure Preferences' (User Filter Expression, User Identifier set to 'workEmail', Custom Attribute Schema URNs, Group Membership Handling set to 'Overwrite') and 'Actions' (checkboxes for 'Allow Users to be Created', 'Allow Users to be Updated', 'Allow Users to be Disabled' (disabled), and 'Allow Users to be Deprovisioned'). At the bottom, there is a 'Remove Action' dropdown set to 'Delete' and a 'Deprovision on Rule Deletion' checkbox. 'Previous' and 'Save' buttons are at the bottom of the wizard.



PingIdentity SCIM with Wellness Coach

- Click Test Connection
- It shall show “Connection successful” message
- Click “Next” and then Save

The screenshot displays the PingIdentity Provisioning interface. On the left is a dark sidebar with a navigation menu including: Getting Started, Overview, Monitoring, Directory, Applications, Authentication, Threat Protection, Identity Verification, Integrations, External IdPs, Provisioning (highlighted), Gateways, Webhooks, PingFederate, and PingIntelligence. The main content area is titled 'Provisioning' and shows a list of connections under the 'Connections' tab. One connection, 'PingOne Directory', is listed with a 'P1' icon. A modal window titled 'Create a New Connection' is open, showing a progress bar with four steps. Step 3, 'Configure Authentication', is the current step. It contains the following fields: SCIM BASE URL (https://deved.wellnesscoach.live/scim), Users Resource (/Users), SCIM Version (2.0), Groups Resource (/Groups), Authentication Method (OAuth 2 Bearer Token), OAuth Access Token (masked), and Auth Type Header (Bearer). At the bottom of the modal are buttons for 'Previous', 'Cancel', 'Test Connection', and 'Next'.



PingIdentity SCIM with Wellness Coach

- Finally Enable from Switch icon

The screenshot displays the PingIdentity Provisioning interface. On the left is a dark blue sidebar with a menu including: Getting Started, Overview, Monitoring, Directory, Applications, Authentication, Threat Protection, Identity Verification, Integrations, External IdPs, Provisioning (highlighted), Gateways, Webhooks, PingFederate, and PingIntelligence. The main content area is titled 'Provisioning' and shows a list of connections. Two connections are listed: 'PingOne Directory' and 'Wellness Coach'. The 'Wellness Coach' connection is highlighted, showing its icon (a black square with 'SCIM' in white) and name. To the right, a modal window for 'Wellness Coach' is open, showing it was created on 2025-02-06. The modal has tabs for 'Overview' and 'Configuration'. The 'Overview' tab is active, displaying the connection's name 'Wellness Coach' and a description field. Below this, there is a section for 'Configured Rules' with a search bar. A toggle switch in the top right of the modal is turned on, indicating the connection is enabled.

