



**wellnesscoach**  
LIVE HEALTHIER, HAPPIER, LONGER.

# REWARDS

**Reward your employees for healthy habits!**



## Why are rewards important?

Offering tangible rewards for engaging in wellness challenges, as well as activities like tracking water intake, doing daily meditations, and participating in wellness programs, encourages healthy habits and strengthens your organization's wellness culture.

Recognized employees are more committed to their well-being, leading to higher productivity, reduced absenteeism, and greater job satisfaction.

## Your team can start earning points by engaging with various features in the app:

- Earn rewards for wellness challenges.
- Access our extensive on-demand library of meditations, workouts, and audiobooks.
- Sync steps and participate in wellness challenges.
- Complete guided programs and set personalized wellness goals.
- Define your own custom reward.

## Redeem Rewards with Flexibility

Once employees have accumulated enough points, they can redeem them through our trusted rewards partners, **Gifted.co and Award.co**. With hundreds of digital gift card options worldwide, including Visa, Mastercard, and local retailers, there's something for everyone.

## Already Have a Rewards Platform?

We offer a Flexible Partnership Program that integrates seamlessly with any rewards platform your company already uses. This ensures a smooth, tailored experience that meets your specific needs and enhances employee engagement.



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## How it works?

### Earning Points:

Your team can earn points for using the app's on-demand library, syncing their steps, completing challenges and programs, and even listening to audiobooks!

### Redeeming Points for Gift Cards:

Once they reach the designated points, points can be redeemed for digital gift cards! *Hundreds of gift card options are available, including Visa, Mastercard, and also options to give back to a charity of your choice. Options vary by country.*

### Earning Cycle:

Points are earned on a quarterly cycle. For example: January 1, 2025 through March 31, 2025 would be an earning cycle. Once a cycle is complete, their points will go back to 0 and they will have 10 grace period day to redeem the previous quarter's earned points.

Try it for your business!

[BOOK A DEMO](#)

